



Needs and Wants

After watching the *JA Ourselves* Lesson 2 volunteer video session, reinforce the learning in the lesson by having your child determine the difference between needs and wants in her life.

Materials

- Large paper
- Markers or pencils
- Household items to categorize
- 2 boxes or baskets (optional)

Activity

- On a large piece of paper, create a chart by drawing a vertical line down the center.
- Label one side **Need** and the other side **Want**.
- Have your child look around the room and name some different items such as stuffed animals, games, boxes of cereal, clothes, etc.
- Decide into which category each item belongs, then have your child write the name or draw a picture of the item in the appropriate column.

When your child has sorted six to eight items, you may want to have a conversation about needs and wants. Discuss how we should be careful with the things we have and need right now, and mindful not to buy too many things just because we want them.

If you wish, you can encourage your child to look through some of the things that she owns. Find two large boxes or baskets and label one box NEED and the other box WANT. Encourage your child to sort through items such as clothes that she no longer needs because she has outgrown them or games she no longer wants because she does not play them. The two of you may choose to box up unused items to donate to a local charity for someone else who needs or wants them.