



SOFT SKILLS

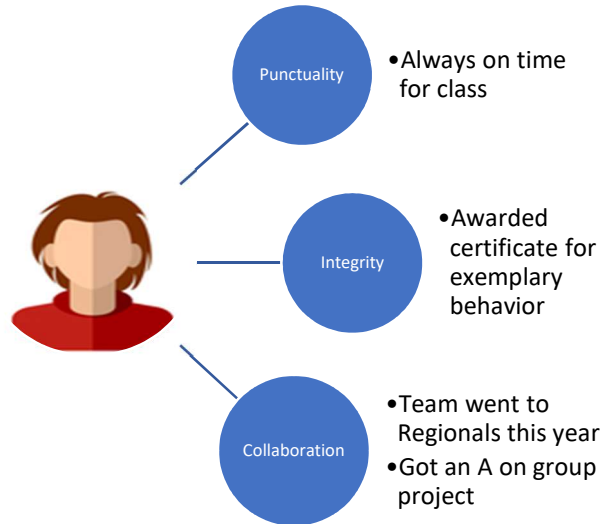
After watching the *JA It's My Future* Session 6 volunteer video, reflect on the lesson and review the concepts and vocabulary. Complete the following activity. You may also be assigned the writing assignment or choose to practice your writing skills on your own.

Think About It:

- Have you ever had an unpleasant interaction with a salesperson, waitstaff at a restaurant, or any one at a business?
- Have you ever been frustrated in a task and had to be mindful of how you responded to adults or friends?
- What does it feel like to be on a team that isn't working and playing well together?
- Is teamwork your strong suit, or are you better working independently?

Try It:

- Read through the list of soft skills:
 - Positive attitude
 - Good communication skills
 - Initiative
 - Courtesy and consideration of others
 - Collaboration and teamwork
 - Sense of responsibility
 - Punctuality
 - Adaptability and flexibility
 - Integrity
 - Persistence
 - Strong work ethic
 - Professionalism
- Consider the list and choose three that you think are strong traits for you. Reflect on how each of the three soft skills has benefited you in some way or helped you succeed at a job or task.
- Choose three skills that are *not* strong traits for you. Describe ways that you could improve in each of the three soft skills.
- Create a word web. Start by writing your name or putting your picture in the center.
- Write your strong soft skills in the bubbles nearest your name.
- In the next ring, note how those skills have helped you in specific circumstances. For example: I showed persistence and improved my mile time or my math grade. I have a sense of responsibility, and I help with younger siblings at home without being asked.
- Write your weaker soft skills in bubbles of another shape or color, or on the opposite side.
- In the next ring, note a time when that skill could have helped you, or how you might develop that skill.



Practice Your Writing Skills:

Write a sentence describing how each of the soft skills you've listed looks when put into action. You can personalize the list, stating how you exhibit the skills. Or you can describe how a friend, a family member, a teammate, or an employee at a local business demonstrates that skill. Use good sentence structure, strong verbs, vibrant adjectives, and specific nouns in your sentences.